



Evangelical Lutheran Church in America
1314 E Lexington Blvd • Eau Claire WI 54701-6434
2019, September Newsletter—Vol. LXV No. 009



Fall Worship Schedule Change

During September, Trinity resumes its schedule of four weekly worship opportunities. Worship opportunities are:

- Sundays at 8:15 A.M. a traditional service in the Worship Center.
- Sundays at 9:45 A.M. a contemporary service in the Worship Center.
- Sundays at 10:30 A.M. a casual service in the Chapel (south side of the building) beginning September 8.
- Wednesdays at 6:30 P.M. a contemporary service in the Worship Center, beginning September 18.

An Opportunity to Serve. Help Sundays Happen!

In this season of change at Trinity, you are invited to invest in your faith community and remember that it's the awesome people with a shared and vital mission that make this congregation special. You are invited to assist on the weekends to make Sunday happen for members as well as for the visitors who grace our doors.

- Are you friendly, can smile, and have 15 minutes to give? Try being a Greeter.
- Do you like good coffee? Come give hosting a whirl. We'll partner you up and give you training!
- How about being part of a team? The Ushers are ready to bring you on board.
- Do you have a passion for Word and Sacrament? We are looking for Readers and Communion Servers of all ages.

Sign up today by calling the church office and speaking to Becky Ragsdale at 715.832.6601 ext 202, or go directly to the online sign up document: <http://signup.com/go/XpeTZgA>

Celebrating Our Time Together

You are invited to join an informal celebration on Tuesday, September 3, from 6:00 P.M.–8:00 P.M. at the Brewing Projekt (1807 N Oxford Ave.) in honor of Pastor Sarah and Pastor Brahm. This is a family-friendly venue, with lawn games on the patio and a food truck on-site. A cash bar will also be available. We have much to celebrate as we bring closure to Pastor Sarah's and Pastor Brahm's ministry at Trinity. As we continue to walk together, we trust in the God who provides and has inspired Trinity and its ministries for 65 years.

Save the Date Illuminated Encounters and The Saint John's Bible

Join us for a special talk with Jim Triggs, Executive Director of The Saint John's Bible Heritage Program, on Thursday, October 3, at 6:30 P.M. in the Monsignor Klimek Auditorium at HSHS Sacred Heart Hospital. Like the illuminated voiceprints in the Psalms volume of The Saint John's Bible, which celebrate the intersections of diverse cultures, there have been many "illuminated encounters" along the Bible's journey: a late-night impromptu exhibition of the Bible at a McDonald's on the Southside of Chicago, a North Dakota teen who insisted on seeing the Bible after chemo treatments, a lesson taught by a Jewish man when discussing the Death of Moses illumination, and a blessing of the Bible by a representative of a local Muslim community. "Illuminated Encounters" offers an appreciation of how this Bible lives up to its mission to ignite the spiritual imagination of people around the world." To register, call 715.717.4925.



From Pastor Sarah Pastor Brahm

To our partners in Christ, who we have been so blessed to be in ministry with these past six years, thank you!

We wish to convey how grateful we are for our experience with you and the congregation of Trinity, but we do not know if words are sufficient.

We leave with a sense of joy and appreciation mixed with heartfelt sadness for the relationships we leave behind. This means our years at Trinity have been meaningful, and purposeful, and important, and worth it. God brought us to Trinity to do some important work and ministry with you. This is certainly true! Thank you for letting us experiment, and lead, and challenge, and enter into relationship with you all in the name of serving Christ and sharing the good news of God's grace for all the world.

Now God calls us away to use the skills, and knowledge, and confidence we gained in being your pastors to new ministry settings that need us in ways that will allow us to stretch and develop further as we explore what God is up to in our lives and the places we have been called. Gloria Dei Lutheran Church and Finlandia University will be blessed because of Trinity and our time together.

We weren't sure what we were walking into six years ago, as we are sure you weren't sure what you were getting! But this partnership has borne much fruit because of the Spirit, and we pray that it continues to bear fruit for both ourselves and for Trinity. Continue to step into the roles God has called you into, continue to be the hands and feet of Christ, and continue to share God's love in a world that needs it.

Trinity's place in this community is important, as we as ELCA Lutherans are committed to live out our faith not afraid of the world and its challenges, but trusting in God's promise to be with us in no matter what circumstance we find ourselves. Continue to engage yourself in the life and ministry of this congregation, for in that way we will know for sure that our time was well spent, God focused, and enduring.

We wish nothing but the best for Trinity, its pastors, and its staff. Please keep us in prayer, as we will pray for you always!

And may the God of the Trinity bless us now and always!
Pastors Brahm and Sarah



Hey, Social Seniors

On Thursday, September 19, at 11:30 A.M. we will meet at Pizza Del Rey for lunch. We simply gather to eat and enjoy one another's company. If possible, please sign-up at Clipboard Central or contact the Trinity Office. Giving the restaurants information about our numbers makes set up easier for them, but if you become free and haven't signed up, please come anyway!

Women's Prayer Retreat

Does the idea of a prayer retreat feel intimidating to you? Don't worry. You are not expected to have any particular background with prayer, and you decide if and how you chose to participate. Join the Women's Prayer Retreat from Monday–Wednesday, October 7–9, for rest, prayer, worship, and fellowship at St. Anthony's Retreat Center in Marathon City, WI. The cost is \$175; registration forms are at Clipboard Central. Turn in your registration form and payment to the Trinity Office. Registration closes on Sunday, September 15.

"Flew the Nest" Night

Did one of your children move out and onto the next adventure in their lives? What a mix of emotions this can be! Join Pastor Natalie in the Fireside Room on Thursday, September 19, at 6:00 P.M. to talk about the young adults in our lives who "flew the nest" this year and what they will be doing now. There will be time to reflect on what we find difficult and joyful about this experience as parents. We are experiencing a parenting milestone, so let's spend a little time reflecting on this together. Sign-up at Clipboard Central or email Pastor Natalie at natalie@trinity-ec.org

Cognitive Loss: Conversations and Relationships Finding Meaning

Do you have a loved one who has memory loss or dementia? Are you uncertain about how to have meaningful conversation and relationship? Join the group for three weekly sessions to discuss this challenge. You will receive a workbook ("I Was Thinking" by D. Waugh) and view a coordinated DVD. Meetings will occur in the Fireside Room on Thursdays September 19, 26, and October 3 from 3:30 P.M.–5:00 P.M. To register, sign up at Clipboard Central or contact Pat Garber at 715.835.5801 or garberpa@uwec.edu by September 12.



Men of Faith Starts September 14

Men of Faith meet on Saturday mornings from 8:00 A.M.–9:00 A.M. This group is for men to support each other with their faith. We have faith even in the midst of life which can be messy, and we make mistakes. Faith leads us to be honest, have integrity, and recognize God's truth in our lives.

Showcasing the Life of Trinity!

On Rally Sunday, September 8 after worship, head to the Trinity Room for ice cream and coffee and a Ministry Fair to marvel at the many ministries featured at the displays. Consider signing on to serve, learn, sing, pray or teach. People already involved in each ministry will be available to share personal insights into how faith grows and relationships prosper through engagement.

Children, Youth & Family Ministry

- Noah's Ark Preschool
- Early Childhood Education Registration for Sunday & Wednesday Programming—age 18 months–5 years
- Children's Programming—age 2–grade 6
- Affirmation of Baptism Programming—grades 7–9
- Prayer Friend

Care & Concern Ministry

- Food Pantry
- Community Table
- Beacon House
- Friends of Flynn
- God's Work. Our Hands.
- Soles for Special Souls
- Sojourner House
- Thanksgiving Dinner

Worship & Music Ministry

- Praise Band
- Tollers Handbells
- Trinity Choir
- Children's Choirs
- Crossword Youth Band
- Volunteers for Ushering, Greeting, Communion Servers, Audio Engineers, and Projectionists

Adult Ministry

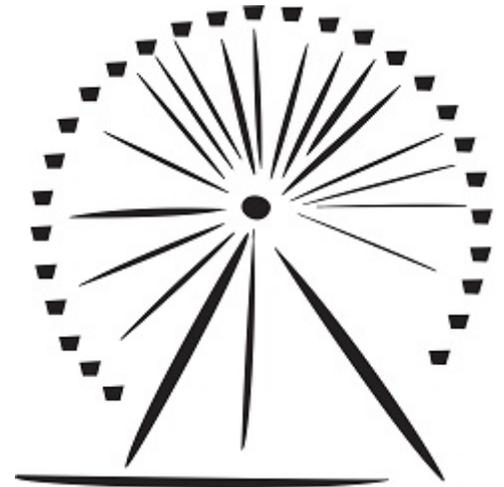
- Page Turners Book Club
- Men of Faith Saturday Morning Group
- Women's Circles
- Thursday Morning Text Study
- Friendship Group
- Social Seniors
- Exercise Ladies
- Church Life volunteer opportunities: Funeral Luncheon Coordinator, Funeral Luncheon Servers, Quilters, Prayer Link

Care & Concern Ministry

- Health Ministry Resources
- Home Visitation Ministry

Global Missions

- Mission Jamaica Trip in January
- Mission Jamaica Trip in March
- Mission Jamaica Global VBS Trip in July





Received July Memorials & Gifts

Food Pantry Fund

- In memory of Patricia Cliff: David & Jeanette Suchla, Barb Lee, Ardis Nystuen
- In memory of Cindy Gillette: Paul & Joye Twesme
- In memory of Bill Thompson: Gary & Gloria Crossman
- In memory of Ben Fridell: Gary & Gloria Crossman
- In memory of Hazel Cook: Martha Mary Circle, Phyllis Grohn, Dianna Miller

Endowment Trust Fund

- In memory of Jack Bartingale: Mickey Rizzi, Robert Krueger, Carol Benning, Barbara Tischer, Jean Heike, Ann Felton, Joyce Davis
- In memory of Patricia Cliff: Susan Schaefer, Julie Brumberg, Loren Brumberg, Jim Brumberg and Families; Ron & Yvonne Nixdorf

Memorial Fund

- In memory of Nils Lund: Mike Siker
- In memory of Hazel Cook: Leatrice Solberg, Family & Friends
- In memory of Patricia Cliff: Jim & Lynn Gullicksrud, Jan Gumz, Elayne Peterson, James & Luanne Plumer, Rose Sippel, Jeanne Anderson, Robert Talford, Thomas & Patricia Guelzow
- In memory of Alyce Bertelson, Michael Siker
- In memory of Laura Drawbert: Michael Siker

Library Fund

- In memory of Bill Thompson: Bob & Mary Schoenknecht
- In memory of Curt Collins: Bob & Mary Schoenknecht
- In memory of Ken Rudolphson: Barb Johnson
- In memory of Jack Bartingale: Barb Johnson
- In memory of Patricia Cliff: Jerry & Joanne Dow

Women's Advent Tea

- In memory of Patricia Cliff: Orv & Shirley Anderson

Children's Bible Fund

- In memory of Patricia Cliff: Joanne Stange, Larry & Mary Hoepner

Synodical Women's Event

The Synodical Women's Organization is having a Day of Enrichment! Come on Saturday, September 21, at 9:00 A.M. to Osseo Lutheran Church in Osseo, WI. We have a great keynote speaker, Lisa McCormick, a parent advocate on sex trafficking. Her son was recruited into a sex trafficking ring out of Madison and exploited until his death in September 2016. Registration forms and more information is located on the Women's bulletin board.

Circle Listings

Deborah

Thursday, September 19, 9:30 A.M. Trinity

Hostess: Irene Friend

Leader: Barbara Johnson

Martha/Mary

Tuesday, September 17, 6:30 P.M. Trinity

Hostess:

Leader:

Miriam

Wednesday, September 18, 9:30 A.M.

Trinity

Hostess: Connie Smith

Leader: Mary Schoenknecht

Ruth

Tuesday, September 17 1:30 P.M.

Hostess: Marge Oleson

Leader:

Northwest Synod of Wisconsin Lay School of Ministry

The Lay School of Ministry (LSM) is an educational ministry of the Northwest Synod of Wisconsin (ELCA) which assists lay people to a deeper Christian identity and participation in the mission of the whole church. The curriculum and educational objectives of the Lay School of Ministry emphasize the baptismal vocation of all Christians. Courses are designed to help students develop a deeper understanding of the Bible, Worship, Spirituality, Christian History, and Lutheran Theology. The school meets for one Friday night and one Saturday morning each month of the school year. This year's schedule begins on Friday/Saturday, September 13 and 14. Registration remains open until then.

For those who have completed the first two years of courses, the continuing education theme for 2019–2020 is "Understanding, Renewing, and Co-creating In God's Good Creation."

If you are planning to attend or thinking of attending, please contact Pastor Natalie at natalie@trinity-ec.org or 715.829.8324, so we are aware of what Trinity members are participating and to address any questions.



Worship & Music Ministry

Children's Choirs

Our Family Pizza Dinner Event will be Wednesday, September 4, at 5:00 P.M. in the Trinity Room. You may register online at trinity-ec.org/register.phtml. Rehearsals for God's Little Singers and Jesus And Me begin on Wednesday, September 18. This date is also the first meeting of the Impact Group.

- **God's Little Singers:** This choir is for Pre-Kindergarten and Kindergarten children. Rehearsals are held in the Noah's Ark Preschool room from 5:00 P.M.–6:15 P.M. and includes dinner. The choir director is Jeanne Cooper. She can be reached at 715.832.6601 ext 207 or jeanne@trinity-ec.org
- **Jesus And Me:** This choir is for children in grades 1 and 2. Rehearsals are held in the Choir Room 507 from 5:00 P.M.–6:15 P.M. beginning with dinner. The choir director is Corinne Gransee Paral. She can be reached at 715.839.9173 or cgranseeparal@mac.com
- **IMPACT Choir:** This choir is for youth in Grades 3–8. Choir rehearsals begin on Wednesday, September 18, in the Choir Room 507 from 5:00 P.M.–5:30 P.M. Children in grades 7–8 can be a part of the IMPACT Choir AND CrossWord Youth Band. The Choir Director is Corinne Gransee Paral. She can be reached at 715.839.9173 or cgranseeparal@mac.com

CrossWord Youth Band

The CrossWord Youth Band is for students in Grades 7-12. The youth band leads Wednesday Worship during the school year. Band rehearsals begin on Wednesday, September 4, in the Lobby at 5:30 P.M. with a Pizza Party. The Director is Andy Hofer. He can be reached at 715.271.1280 or andyhofer31@gmail.com

Trinity Tollers Handbell Choir

The Trinity Tollers Handbell Choir is for students in Grade 7 through adults. Bell rehearsals begin on Tuesday, September 3, in the Worship Center from 6:15 P.M.–8:00 P.M. The Director is Ryan Poquette. He can be reached at 715.552.5266 or ryan@creation27.com

Praise Team

This worship team is for students in Grade 9 through adults. The Praise Team leads the 9:45 A.M. Sunday worship service vocally and instrumentally each week. Rehearsals are on Wednesdays at 7:15 P.M. in the Worship Center beginning September 4. The Director is Nick Drayton. He can be reached at 715.832.6601 ext 214 or nick@trinity-ec.org

Trinity Choir

This choral group is for students in Grade 9 through adults. Choir rehearsals begin on Thursday, September 5, at 7:00 P.M. in the Choir Room 507. The Trinity Choir welcomes and invites you to join the group this fall. The prophet Isaiah reminds us that "*—we will sing songs all the days of our life in the house of the Lord.*" Isaiah 38:20. We are in need of singers in all voice ranges. We welcome "snow birds," singers with busy schedules and occasional conflicts, and offer a special invitation to new members of Trinity. If you have any questions, please contact Trinity Choir Director Gary Rambo at 715.832.4429.

Trinity Liturgical Dance Team

We have two Liturgical Dance Teams this fall for people of every age who are seeking to help spread God's message through movement. No experience is necessary. The Director is Lynn Christianson. She can be reached at 715.514.4648.

- **Youth Dance Team (ages 7 and up)** will rehearse on Sundays from 4:00 P.M.–5:00 P.M. in the Worship Center. Rehearsals begin on Sunday, September 15.
- **Adult Dance Team (ages 16 and older)** will rehearse on Sundays from 5:00 P.M.–6:00 P.M. in the Worship Center. Rehearsals begin on Sunday, September 15.





Children, Youth, & Family Ministries

NOAH'S ARK & EARLY CHILDHOOD EDUCATION

Jesus said, "Let the children come to me and do not stop them, because the Kingdom of heaven belongs to such as these." Matthew 19:14

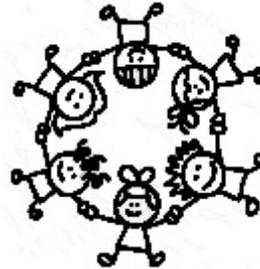
The fall is upon us at Noah's Ark, and we are opening the doors to welcome young children and their families at Trinity. Mrs. Kasmarek, Mrs. Brenden, and I are excited to welcome returning and new children and families into our Noah's Ark classroom and into our hearts. It will be a school year of fun discovery, peacemaking, and sharing God's great love.

We will kick off our school year with parent-child visit days on Tuesday and Wednesday, September 3 and 4. Then our days will be "just for kids" days! We'll jump into our time together with the Creation story, sharing the wonder of God's world around us. We'll be busy exploring our class environment, discovering new friends, learning new routines, creating in our art center, and enjoying fall days on our playground. It's wonderful to anticipate the fun, learning, and peacemaking which will take place at Noah's Ark this year!

Thank you for your continued support and prayers for a safe, fun, educational year filled with God's love and promises for each one of these precious children of God.

In Peace,

Marlee Knickerbocker, Preschool Director



have turned 4 by 9/1/2019. It has a focus on drama, music, and movement.

Early Childhood Enrichment program has openings in the following classes:

- Come and Play, Wednesday early afternoon session, 12:00 P.M.–2:00 P.M. This is a class for children who have turned two by 5/31/2019. It is a drop off class where children are provided a warm and safe environment to play with other children.
- Readers, Writers, and Artists, afternoon session, 12:45 P.M.–3:15 P.M. This is a class for children who have turned four by 9/1/2019. Children will be immersed in literature and early oral and written language experiences.

Contact Marlee Knickerbocker, ECE Coordinator, for more information at marlee@trinity-ec.org or 715.8322.6601 ext 205.

Save the Date

Tuesday, October 22, from 4:00 P.M.–7:00 P.M., Noah's Ark Preschool will hold its annual fall supper fundraiser. This year it will be a Fall Taco Fiesta. We will serve delicious food, hold our annual basket auction, and provide activities for young children. Put the date on your calendar and plan to be a part of this fun evening!

CHILDREN'S MINISTRIES

The 2019–2020 Children's Ministries School Year Programming is finally here! There are many opportunities for not only your children but also for YOU help be a part of the ministry at Trinity!

Sunday School kicks off on September 15 for children in preschool–sixth grade. There are two session times available. Register **o n l i n e t o d a y** <http://www.trinity-ec.org/register.phtml>

- Session 1: 8:55 A.M.–9:30 A.M.
- Session 2: 10:30 A.M.–11:05 A.M.

Early Childhood Enrichment Classes

The parent and child Music and Movement class, Creative Arts, Come and Play, Thrilling Thursdays, and Readers Writers and Artists classes will begin the week of September 9. Enrolled families have received letters detailing the location and start of classes. All of these programs share God's love through relationships formed with classmates and teachers, Bible stories, and discoveries in God's great world! We encourage the congregation of Trinity to support us throughout the year with your prayers for God's love to be abundant for these children and families, for children and teachers to always be safe, and for the learning and discovery to be exciting! Thanks for your partnership with the ECE classes!

Noah's Ark Preschool has openings in the following classes:

- Monday afternoon, 1:00 P.M.–3:15 P.M. This is a class for children who have turned 4 by 9/1/2019. It has a focus on cooking and creative arts.
- Friday afternoon, 1:00 P.M.–3:15 P.M. This is a class for children who



2019–2020 Wednesday Night Programming

- **Impact for Grades 3–6** • Preteens connect with God's big story through quirky videos, Bible exploration, and hands-on projects using the Connect curriculum. After sharing a meal together, students will journey through the Old and New Testaments, building understanding around key Bible themes.
- **Impact Choir for Grades 3–6** • Impact Choir students begin their evening with rehearsal in the choir room. Following rehearsal, kids join the other Impact students for dinner and a small group lesson.
- **Jesus and Me (JAM) for Grades 1 & 2** • Nurture your child's love of music in JAM. This opportunity starts with supper followed by the music experience.
- **God's Little Singers (GLS) for 4K–Kindergarten** • Does your little one love to sing and dance? Starting with supper, children in GLS enjoy fellowship time, a music lesson, and an activity time.

Register online today for Wednesday night programming at <http://www.trinity-ec.org/register.phtml>

Want to Make a Difference? Volunteer!

Do you have a love for kids and want to make a difference? Then sign up to volunteer today. We are still looking for teachers for both Sunday school and on Wednesday's. The teaching materials, supplies, and support are provided! It's a wonderful opportunity to share your faith, share your life experiences, and help a child grow! You won't regret helping! Sign up today by contacting Sara Reed sarar@trinity-ec.org or 715.832.6601 ext 218.

Volunteer in the Kitchen!

Do you have a passion for cooking or serving food? Impact is looking for volunteers to help cook and serve dinner on Wednesday evenings at 5:00 P.M. It's a wonderful opportunity to serve alongside adults, teens and children. If you would like to learn more or are interested in helping out this year starting Wednesday, September 18, please contact Sara Reed at 715.832.6601 ext 218 or sarar@trinity-ec.org. It's a wonderful ministry for all ages!

Orientation

Parents/guardians of students enrolled in Sunday School, Choirs, and/or Impact are strongly encouraged to come to the orientation night on September 11 at 6:00 P.M. Children's Ministries staff members and pastors will share with parents how they can impact their children's faith throughout the school year and how Trinity hopes to partner with them.

Teacher Orientation

At each orientation, you will receive your teaching materials, important procedures, schedules, and help generate class lists!

- Sunday School Teachers will meet on Thursday, September 12 at 6:00 P.M. in the Trinity Room.
- Impact Teachers will meet on Thursday, September 12, at 7:15 P.M. in the Trinity Room.

Upcoming Events!

- Pizza Family Registration Night is Wednesday, September 4, at 5:00 P.M. Come with your family for a pizza supper and register your kids for Sunday school, Impact, and choirs.
- Rally Sunday is Sunday, September 8. Bibles will be distributed to three year olds and third grade students during the 9:45 A.M. worship service. After the service, join us in the Trinity Room for an ice cream cup and ministry fair!
- Blessing of the Backpacks will occur on Sunday, September 15, during the 9:45 A.M. worship service. Please have your child bring their backpack to worship where they will receive a small charm. The charm will remind them of the love that God has for them.
- Staff Installation will be Sunday, September 22, and Wednesday, September 25. We encourage all teachers or individuals who will be a part of the Children's Ministries and/or Youth Ministries at Trinity to attend and be blessed as they start their journey working alongside adults and children.

Parenting Through the Phases Event

Your kids are changing every week! Just as you begin to figure them out, they shift or move on to a new rhythm, a new habit, and a new opinion. It can make the responsibility to shape a child's faith and character feel overwhelming. But it doesn't have to! Check out the six week Parenting through the Phases event this fall for parents of children age birth–12th grade. We will gather on Sunday evenings at 6:00 P.M. on the following dates: September 29, October 6, October 13, October 27, November 3, and November 10. Register online using the link below <http://www.trinity-ec.org/register.phtml>.

For more information, Director of Children's Ministries Sara Reed at sarar@trinity-ec.org or 715.832.6601 ext 218.



YOUTH MINISTRIES

Seventh Grade Bibles and Backpacks

On Wednesday, September 18, at the 6:30 P.M. worship service, our seventh grade Affirmation of Baptism class will receive their Bibles and backpacks! They will use these throughout their Affirmation of Baptism years to learn, study, and grow in their faith. Please join us on September 18 as we celebrate with them.

Affirmation of Baptism Registration

Trinity's Affirmation of Baptism classes, Club 78 and Club 9, include grades seven, eight, and nine. Registration materials are available in the Youth Office and on Trinity's website. Club 78 and Club 9 Orientation is on Wednesday, September 11, at 6:00 P.M. in the Trinity Room. All youth, parents, and mentors should attend. Affirmation of Baptism booklets and calendars will be handed out at the orientation meetings. The Affirmation of Baptism Service Fair will occur following the orientation meeting. Please contact Ashley at 715.832.6601 ext. 209 or ashley@trinity-ec.org with any questions.

Prayer Friends

Being a Prayer Friend is a powerful way to connect with God, and it is an extraordinary blessing to have other people praying for you. The Youth Leadership Team once again invites adults to be Prayer Friends with our seventh and eighth grade Affirmation of Baptism students. This partnership will be anonymous until it is revealed at a celebration at the end of the school year. Students will be able to communicate any prayer request through Ashley to their adult friend. Please volunteer to pray for a student this year. You'll be providing a great ministry to our youth. Sign-up at Clipboard Central in the lobby. Contact Ashley at 715.832.6601 ext 209 or ashley@trinity-ec.org with any questions.

For Tenth Grade Students Affirmation of Baptism Sunday

- Students who have completed Club 9. You should have met with your assigned Pastor and discussed your Faith Project. If you have not, please do so ASAP!
- Sunday, October 20, is the Confirmation Banquet from 6:00 P.M.–7:30 P.M. in the Trinity Room.
- Sunday, October 27, is Affirmation of Baptism at the 8:15 A.M. or 9:45 A.M. worship service. If you have questions about your assigned worship service, contact Sara Reed at 715.832.6601 ext. 211 or sarar@trinity-ec.org.

Care & Concern

HEALTH MINISTRIES

Dear Members,

Yesterday was my last day of being a nurse at Mayo Clinic in Chippewa Falls. I have been a part of that clinic in one form or another for 22 years. A LOT has changed over those years—paper charts to computers; transcription and medical record departments no longer exist. Voice recognition and scanning/computers do those jobs. Back then, we were a small clinic in Chippewa that was "loosely" a part of Midelfort Clinic in Eau Claire. Now we are closely integrated with Mayo.

When I left last night, the building was empty. It really hit me as I walked down the hallway toward the exit that a part of my life purpose was done; part of my identity gone. I felt a sense of major anxiety as I left the building. I was sad! I thought of others who have retired after many years of doing work they loved. How did they do it! Some people greet retirement with open arms. I'm greeting it with ambiguity.

Today, I'm at Trinity, attending to my Parish Nurse job (which is my retirement job). As I'm trying to declutter and organize my office at church, I found a poster printed by Mayo Clinic that listed twenty words that can change your life. The first one is "BEGIN." "Start today by doing something new that you have always wanted to do. Take small steps to help yourself be successful and enjoy it." What great advice. God speaks to us in so many ways. We just have to be open to what God is saying. My next purpose in life begins today.





Prayer for Teachers

Dear God, Thank you for the amazing teachers who have given their lives to serve our children. As they prepare for the new year; fill them with strength to lead, grace to guide, hope to thrive in their classroom. Bless them beyond measure for their willingness to pour into the next generation through education. Amen.

Immunizations

As a nurse, I feel strongly about the need to immunize. You see, I am an "older" adult, and I remember what it was like to have those childhood diseases. I'm talking 55–60 years ago. I had mumps over Christmas one year. Complications of mumps include meningitis, encephalitis, and deafness. The "red measles" (Rubeola) was the scariest. I had a fever for days. I remember the vivid dreams and hallucinations to this day. A rare trip to the doctor confirmed I had an ear infection (common complication) in addition to the measles. I spoke with one of our elder members this week. She had German measles while pregnant and miscarried. Our world is safer and healthier because of immunizations.

Children today do not have to go through the risks of having many of the diseases of "yesteryear." There are 14 recommended vaccines for younger children. The risks/complications that can occur from having these illnesses far outweigh the risk of vaccination. But if you feel your child should not be vaccinated, then think about how your child could spread that disease to others: children who have a compromised immune system, babies who can die from those diseases, the pregnant woman who may miscarry or risk birth defects, the grandparents who also have a weaker immune system, or the person being treated for cancer. Please vaccinate your children.

Monthly Healing Service

Trinity offers a Healing Service the third Sunday of each month in the Chapel starting at 9:15 A.M. The next service is on Sunday, September 15, and is for anyone who seeks healing in body, mind, or spirit. We will offer time for personal prayers for healing, anointing, as well as time for reflection and peace.

Hospital Visits

Please be aware that Marshfield Hospital does not have a process in place yet that allows our pastoral staff to know if you are hospitalized there. If you or a family member are hospitalized at Marshfield Hospital, please call the church office at 715.832.6601 to let us know. Marshfield Hospital is working on a process!

Vicki Dueringer
Parish Nurse

SOCIAL CONCERNS

GWOH 2019!

Trinity will participate in the community wide ELCA God's Work Our Hands event on Sunday, September 29. The day will begin with worship and lunch at Grace Lutheran Church starting at 11:15 A.M. The majority of the project work occurs from 12:30 P.M.–2:30 P.M. on Sunday; however, some projects will occur on the Friday and Saturday prior as well as earlier in the morning on the 29.

The heart of this ministry is the teams of people going out into the community to be God's Hands. We will build community with each other while we support our community. There are many exciting projects this year including:

- Building beds for children through Sleep in Heavenly Peace.
- Serving at The Community Table.
- Painting and maintenance at Bolton Refuge House, The Beacon House and Positive Avenues.
- Caring for God's Creation! Removing invasive species and cleaning at various locations around Eau Claire.
- Installing smoke detectors through the American Red Cross.
- Participating in a Migrant Walk and Talk with AMMPARO from Lutheran Social Services.
- Making care packages for college students who were previously in foster care service.

All Trinity members are invited, and we encourage you to get involved! Project sign-up will begin online and in the lobby on Sunday, September 8. Donations are accepted for building beds and buying t-shirts for volunteers. For more information, please contact Lucinda Kemmet at lucindakemmet@me.com





What is Friends of Flynn?

In October of 2010 a group of Trinity members met with Kim Hill Phelps, principal of Flynn Elementary School and Trinity member, to begin discussion of developing a community partnership with Flynn School. The first formal committee of eight members met with Kim in November to name the program Friends of Flynn and to set goals that would help address the needs of Flynn children. Today, through an annual fundraiser in March and generous donations given throughout the year, we strive for an annual budget of \$6,100 which supports our mutual goals:

- **Weekend Meals** • The bulk of our funds goes to providing weekend meals through the Feed My People Weekend Meal Project. Confirmation students pack the meals several times during the school year, and volunteers deliver the bags each week to the school.
- **Healthy Snacks** • Volunteers purchase, pack, and deliver healthy snacks twice a week during September and May.
- **Books** • A new book is sent home with each child at the start of the Christmas break and at the end of the school year.
- **Emergency Clothing and Shoes** • Several sizes of new pants, shirts, underwear, gym shoes, and boots are purchased and made available at the school for Flynn staff to distribute as needed.
- **Staff Appreciation** • We recognize the Flynn staff twice a year by providing special treats.
- **School Supplies** • We ask the congregation to purchase school supplies during the summer to assist Flynn families at the beginning of the school year.

As we begin another school year, we look for ways to support the students and teachers and encourage you to join us! We welcome financial donations (indicate FOF on your gift) as well as your gifts of time and prayers.

For more information or to volunteer, contact Kim Hill Phelps at 715.271.6510. Thank you for your continued support during these past nine years as well as in the future.



A Thank You Note From Feed My People Food Bank

Dear Friends,

Thank you for your wonderful gift of \$1,000 in support of weekend meals for Flynn Elementary. We recently heard a story of a fourth grader who reminded her first grade sister every morning to eat as much as she could at school in case there was nothing at home that night. Because of you, these children can count on a bag of food every Friday to take home. You are making a difference! Thank you for being on our team!
Suzanne Becker, Assistant Director

Note: Members of the Friends of Flynn Committee applied for and received a \$1,000 grant from the Trinity Endowment Trust to support the increased cost of the weekend meal project. In November 2018, \$4,000 from Friends of Flynn dedicated funds was given to Feed My People for our annual contribution to this project. Please note that during this past school year, 80 children of Flynn Elementary were served by this program with a cost of \$85 per student.

Thank You!

A big thank you to all Trinity members who brought items and donated money to the Christmas in July promotion. With the matching funds, we sent to the Beacon House a check for over \$800! Over \$1,000 was collected to support Trinity's ministry with the Sojourner House. The staff at Beacon House and Sojourner House were also thrilled with all the items they received from your generosity. THANK YOU!

Produce To Share

If your garden is producing more than you can consume, please remember that Trinity's Food Pantry will gladly distribute your abundance. Deliver produce by noon on Mondays, Tuesdays, or Thursdays to the pantry entrance at Door #5. Contact Sharry Hebert, Food Pantry Coordinator, at sharry@trinity-ec.org for more information.



Library

Check out Trinity's biography display!

Recently in the News

- *Courage to Soar* by Simone Biles. Four-time Olympic gold medalist and three-time world all-around gymnastics champion Simone Biles is in the news again. (B BIL)
- *Tiger Woods* by Jeff Benedict and Armen Keteyian. This biography of Tiger Woods is based on years of reporting and interviews with more than 250 people from every corner of Tiger's life—many have never spoken about him on the record before. (B BEN)
- *Inheritance: A Memoir of Genealogy, Paternity, and Love* by Dani Shapiro. *Inheritance* is a book about secrets within families. It is the story of a woman's quest to unlock the story of her own identity, part mystery, part real-time investigation, part rumination of memory, history, biology, and experience that makes us who we are. (B SHA)

Leaders

- *The Restless Wave* by John McCain and Mark Salter. An American hero, John McCain, reflects on his life and what matters most. (B McC)
- *The Good Neighbor, The Life and Work of Fred Rogers* by Maxwell King. This full-length biography of Fred Rogers tells the story of this unique and enduring American figure. (B KIN)
- *The Faith of Dolly Parton* by Dudley Dellfs. In this biography of Dolly Parton, author Dudley Dellfs spotlights ten inspiring lessons he has drawn from her life, music, and attitude. (B DEL)
- *The Cut Out Girl* by Bart Van Es. This is the extraordinary true story of a young Jewish girl in the Netherlands under Nazi occupation who finds refuge in the homes of an underground network of foster families, one of them the authors' grandparents. (B VAN)

Youth

- *Who Is Wayne Gretzky?* by Gail Herman. Wayne Gretzky was a hockey superstar known as the Great One. Young people can read about his life and contributions to his sport in this volume of the best-selling series, *Who Is...* (+ B HER)
- *Ordinary People Change the World* This lively, New York Times best-selling biography series by Brad Meltzer inspires kids to dream big, one great role model at a time. Two new additions to the library include *I am Lucille Ball* (++) B MEL) and *I am Abraham Lincoln* (++) B MEL).
- *Who Was Alexander Hamilton?* by Pam Pollack and Meg Belviso. Alexander Hamilton was an orphan from the West Indies, the first secretary of the treasury, and a founding father of the United States. Young people can find out more about this important figure in our country's history. (+ B POL)
- *El Deafo* by Cece Bell. *El Deafo* is a graphic novel written and illustrated by Cece Bell. The book is a loose autobiographical account of Bell's childhood and living with her deafness. However, the

characters in the book are all bunnies. (+ B BEL)

Ready, Set, Read Page Turners Book Club

Interested in reading a good book? The Trinity Page Turners Book Club meets once a month during the school year. Books, both fiction and nonfiction, are chosen by the group to be read over the course of the school year. Brochures with next year's titles are available in the library.

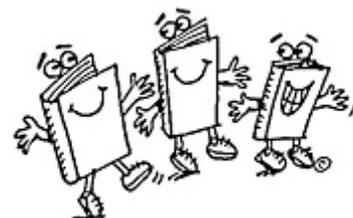
On Tuesday, September 17, at 6:30 P.M. in the library, the group will discuss "We Were the Lucky Ones" by Georgia Hunter. It is the spring of 1939 and three generations of the Kurc family are doing their best to live normal lives, even as the shadow of war grows closer. Soon the horrors overtaking Europe will become inescapable, and the Kurcs will be flung to the far corners of the world, each desperately trying to navigate his or her own path to safety.

Sign up on Clipboard Central or email Cindy Beck at cindy@trinity-ec.org if you plan to attend.

Eleven Benefits Of Reading Books

1. Cognitive mental stimulation and brain exercising
2. Vocabulary and knowledge expansion
3. Lower levels of stress and tension relief
4. Helps with depression and dysthymia
5. Memory improvement and better focus
6. Strengthens your writing abilities
7. Enhances your imagination and empathy
8. Boosts your sleep
9. Enjoy your entertainment and peace
10. Reading can brighten your day
11. Helps you to broaden your mind

<https://www.selfdevelopmentsecrets.com/benefits-impotence-reading-books/>



"Serving in Christ's Love and Sharing the Good News"

A Reconciling in Christ Congregation of the Evangelical Lutheran Church in America

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Brian Pressler—Organist
Gary Rambo—Trinity Choir
Ryan Poquette—Trinity Tollers
Kris & Brian Pressler—Worship Music Leaders
Andy Hofer—CrossWord Youth Band
Jeanne Cooper—God's Little Singers
Corrine Gransee Paral—Jesus And Me, Impact Choir

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World Missions

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Blantyre Lutheran Parish in Malawi, Africa
Jacqueline & Patrick Bencke, Japan

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- Please submit all articles for the Tidings **electronically** in MS Word, Corel WP format, or in the body of an email. Submit to: cindy@trinity-ec.org
 - All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
 - Deadline for the October Newsletter is September 16.